



**SRI SRI RAVISHANKAR
VIDYA MANDIR INDORE M.P.**



CAPSULE (CLASS SYLLABUS)

SESSION-2025-26



NAME: _____

CLASS: III Sec _____

*Education means intellectual sharpening, retaining of innocence
and spiritual upliftment*

Gurudev Sri Sri Ravi Shankar

Guidelines To Improve In Academics

The primary focus would be to strengthen the basics of the subjects which will cater to their further development of the child. Given below are the guidelines of the same :

English:-

- Conversation is the medium of communication .Reading is not just important for us, acquiring knowledge , it will help you to build your vocabulary by exploring cross words puzzles ,scrabble and extend the level in English . So try to have reading practice rather than course books short stories or fictious.
- Be in habit of reading news paper or books related to current affairs and for a change you can read novels, to develop writing skills .
- Grammar is the pillar for the formation of sentences .Verbs and tenses hold the grammar, so master yourself in it.Dictionary is the important part of learning English, Students should carry pocket dictionary to develop the word power.

Mathematics:-

- Paste the charts of table above 15 , squares and cubes and practice them regularly .
- Write formulas chapter wise on the paper and keep it in your pocket, revise it when you are in the bus or at home.
- Be in habit of solving “SUDOKU” puzzle at least twice in a week.

Social Science:-

- To grow in all aspects students should be aware of current affairs, read more general knowledge books and news paper daily.It is mandatory to have atlas to refer the maps.
- Emphasis more on map work, which is scoring part of the subject.
- Read the chapter thoroughly and mark the important dates places and important terminology in the given topic.

Science :-

- Always be inquisitive. Keep scientific approach to solve problems.
- Develop observation skills, draw inference and come to the conclusion.
- Draw diagrams regularly and practice them time to time.
- Read the chapter carefully, note down new terminology and learn them by heart.
This will help you to build strong foundation.
- Try to write answers to the point in your own language.
- Come up with “how” and “why” questions. it will help you understand concepts clearly.

Hindi and Sanskrit :-

- भाषा के शुद्ध उच्चारण के लिए नियमित पठन क्रिया ।
- पाठन क्रिया मे समाचार पत्र, कहानी की पुस्तक आदि को शामिल करना ।
- गद्य एवं पद्य को समझने हेतु अलग अलग अध्ययन करना ।
- भाषा के मौखिक विकास के लिए वाद विवाद , भाषण , परिचर्चा, संचालन , इत्यादि में भाग लेना ।
- भाषा के शुद्ध लेखन हेतु श्रुतलेख और लेखन का नियमित अध्ययन करना ।
- भाषा के सभी कौशलों के विकास हेतु अभ्यास एवं गतिविधियों में भाग लेना ।

CLASS:-3 SUBJECT:-ENGLISH

S.No	EXAM	CHAPTERS TO BE TAUGHT	ACTIVITY	VALUE/ANECDO TE
1.	PT- 1 (April-June)	CH-1 The Royal Parade	Paste picture of different sweets from different states of India.	We should learn how to embrace change and adjust to new environment
		Poem1- If I could fly	Write a wish on a paper and choose an ability to fulfill that wish.	Happiness can be found in simple things.
		Grammar: Noun and Gender (Collective. Countable and uncountable), Pronoun , Verb, Reading comprehension		
2.	Half yearly examination (April-Aug.)	CH-3 Williwu learns to make friends	Draw or paste pictures of your friends.	Importance of making friends.
		CH- Juan Bobo's Pot	Making clay model of pot	Learning from mistakes.
		CH-4 Annalisa and the Giant	Comic reading activity.	We should not judge others based on their appearances.
		Poem- A tale about rhyming	Tongue twisters.	Incorporate rhyming and wordplay.
		Poem: The young Dandelion	Write the names of the garden weeds and locate them in your school garden.	Set backs are temporary we can always rise gain.
		Grammar: Verbs, Was and Were, Can and Can not, Simple present tense, Present continuous, Simple past tense, Reading comprehension Writing Skills : Picture description+ PT 1 SYLLABUS		
3.	September	Revision + Half Yearly Exam		
4.	PT2 (Oct-Nov)	CH-7 Tooth Troubles	Discuss how you felt when you lost your first tooth.	Importance of working together. Unity.
		Poem- When Mother Reads Aloud	Describe your dream as a story.	Cherish memories.
		Grammar: Future time, Adjective, adverb, article, preposition. Picture composition, reading comprehension		
5	Pre-Annual (Oct-Dec)	CH-8 We saved a whale	Make a poster on How whales sustain life on Earth and fight climate change.	Every life is important.
		CH-9 Nek Chand builds a dreamland	Make a chart of any folk art of India.	Perseverance and passion. Importance of dedication.
		Poem-The Tree	Draw a picture of a tree you see in your neighborhood.	Respect for nature.

6	January	Pre-Annual Examination		
		Grammar- Conjunction, Sentences(Subject and Predicate), Writing Skills : informal Letter(Thank you letter), reading comprehension +PT 2 Syllabus		
7	Annual (Oct-Feb)	CH-10 Something from nothing	Enact a role play.	Sustainability and reuse.
		Grammar- Question words and interjection.		
8	March	Annual Examination chapter – 7,8,9,10		



SRI SRI RAVISHANKAR VIDYA MANDIR
SYLLABUS BREAKUP FOR SESSION 2025-26
CLASS: III SUBJECT: HINDI

पाठ्य पुस्तक: गुंजन हिंदी पाठमाला

PERIODIC TEST- I 2025-26			
SN	TOPIC	ACTIVITY	VALUE
1.	पाठ 1. हिम्मत कभी न हारे	• कविता ज्ञान, वेब लिंक की सहायता से फिल्म दिखाना।	• दृढ़ विश्वास, परिश्रम, निडरता।
2.	पाठ 2. कैसे हुआ चमत्कार	• कहानी बुनना, कहानी मंचन कराना।	• स्वस्थ जीवन-शैली, अनुशासन, समय का महत्व, लगन।
3.	व्याकरण: • हमारी भाषा (राष्ट्रभाषा, मातृभाषा, भारतीय भाषाएँ) • वर्णमाला: स्वर और व्यंजन • वर्तनी • वर्ण-विच्छेद	• विषयों से संबंधित गतिविधियाँ, खेल-खेल में सीखना, अभ्यास पत्रक	• भाषा के प्रति सम्मान, भाषा में पकड़, शुद्धता और अनुशासन।
TERM-I EXAM 2025-26			
SN	TOPIC	ACTIVITY	VALUE
1.	पाठ 3. तीन गुड़ियाँ	• कठपुतली का खेल, कपड़े या मिट्टी की गुड़िया बनाना।	• गंभीरता, गोपनीयता का महत्व, सूझ-बूझ।
2.	पाठ 4. समय का मोल	• समय अनमोल है- स्लोगन लिखना, कविता-वाचन, गते से घड़ी बनाना।	• समय का मूल्य, एकता, बचत का महत्व समझना।
3.	पाठ 5. राजेंद्र बाबू	• देश के राष्ट्रपतियों की सूची तैयार कराना, सादा जीवन उच्च विचार पर छोटी सी कविता की पंक्तियाँ तैयार करेंगी।	• सादा जीवन उच्च विचार, छोटों के प्रति स्नेह भाव।
4.	पाठ 6. दूध का रंग	• दूध से बनने वाले उत्पादों के चित्र चिपकाकर नाम लिखना, गोशाला की यात्रा।	• वैज्ञानिक दृष्टिकोण का विकास, स्वस्थ जीवन-शैली।

5.	पाठ 7 आनंद ही आनंद	<ul style="list-style-type: none"> जंगली और पालतू जानवरों के चित्र सहित नामों की सूची तैयार करना, चिड़ियाघर की यात्रा। 	<ul style="list-style-type: none"> आनंद-भावना, मात्र-स्नेह, पशु-व्यवहार, पशु-प्रेम, संरक्षण और सहानुभूति।
6.	पाठ 8 अनोखा उपहार (इस पाठ को केवल वाचन कौशल एवं परियोजना (Project) कार्य हेतु सम्मिलित किया गया है)	<ul style="list-style-type: none"> अपने मित्र के लिए ग्रीटिंग कार्ड बनाना प्रकृति संरक्षण हेतु स्लोगन या नारे लिखना। 	<ul style="list-style-type: none"> बेकार वस्तुओं का सदुपयोग (Recycle) कलात्मकता का विकास प्रकृति के प्रति स्नेह, सम्मान, सुरक्षा की भावना का विकास।
7.	व्याकरण: <ul style="list-style-type: none"> संज्ञा: परिभाषा, प्रकार, उदाहरण लिंग, वचन सर्वनाम: परिभाषा, उदाहरण, विलोम शब्द, समानार्थी शब्द, समूहवाचक शब्द, विराम-चिह्न: परिभाषा, प्रकार, उदाहरण। पत्र-लेखन, अपठित गद्यांश 	<ul style="list-style-type: none"> व्याकरण कौशल के विकास हेतु विभिन्न गतिविधियाँ जैसे प्रश्नोत्तरी, चार्ट बनाना, पहेलियाँ बुझाना, सामूहिक गतिविधियाँ कराना, शब्द कोष तैयार करना, साँप सीडी का खेल आदि। 	<ul style="list-style-type: none"> व्याकरण के नियमों का बोध, भाषा में पकड़, शुद्धता और अनुशासन, कल्पना शक्ति का विकास, भाषा की बारीकियों का ज्ञान, नए शब्दों की जानकारी, वाचन-शैली में शुद्धता आदि।
PERIODIC TEST- II 2025-26			
SN	TOPIC	ACTIVITY	VALUE
1.	पाठ 9 शून्य	<ul style="list-style-type: none"> दोहों की प्रस्तुति और उनका संकलन 	<ul style="list-style-type: none"> एकता का भाव जागृत करना, स्वार्थ और क्रोध का त्याग करना
2.	पाठ 10 अनोखी चिड़िया	<ul style="list-style-type: none"> कृष्ण सुदामा की कहानी और संवाद-लेखन 	<ul style="list-style-type: none"> सच्ची मित्रता का महत्व
3.	व्याकरण: <ul style="list-style-type: none"> समान तुक वाले शब्द, अनेक शब्दों के लिए एक शब्द, हिंदी की गिनती (एक से पचास तक) 	<ul style="list-style-type: none"> प्रश्न मंच, समूह गतिविधि (दिए गए शब्दों के ऊपर कविता की चार पंक्तियाँ लिखना), अभ्यास पत्रक 	<ul style="list-style-type: none"> नए शब्दों का ज्ञान, लय, सुर और ताल का ज्ञान। सूची बनाना।
TERM-II EXAM 2025-26			
SN	TOPIC	ACTIVITY	VALUE
1.	पाठ 11 पिकनिक	<ul style="list-style-type: none"> शहर के दर्शनीय स्थलों की जानकारी, पिकनिक का आयोजन। 	<ul style="list-style-type: none"> सूझ-बूझ से काम, परोपकार की भावना।
2.	पाठ 12 दीप से दीप जलाओ	<ul style="list-style-type: none"> कंदील बनाना, दिए सजाना, कविता कंठस्थ करके सुनाना। 	<ul style="list-style-type: none"> प्रेम, भाईचारा, शांति, सच्चाई जैसे मूल्यों को महत्व देना।

3.	पाठ 13 पौधों का जीवन	<ul style="list-style-type: none"> • वृक्ष संरक्षण पर चित्र सहित स्लोगन लिखना, विद्यालय के गार्डन का भ्रमण। 	<ul style="list-style-type: none"> • पर्यावरण संरक्षण, वृक्षों का महत्व, वैज्ञानिक दृष्टिकोण का विकास।
4.	पाठ 14 विश्व पुस्तक मेला	<ul style="list-style-type: none"> • पुस्तक मेला (शैक्षिक भ्रमण), पत्र लिखना, कहानी सुनाना। 	<ul style="list-style-type: none"> • परस्पर प्रेम और सद्भावना का विकास, उपहार का महत्व।
5.	पाठ 15 सबसे बढ़कर हम	<ul style="list-style-type: none"> • एक्शन के साथ कविता गायन, सुबह से शाम तक किए गए कामों की सूची बनाकर लगाओ। 	<ul style="list-style-type: none"> • मानवीय क्षमताओं का विकास, उत्साह और जोश का भाव।
6.	पाठ 16 माइकल फेराडे (पाठ को वाचन केवल वाचन कौशल और कार्यभार (Assignment) हेतु सम्मिलित किया गया है।)	<ul style="list-style-type: none"> • विभिन्न वैज्ञानिकों और उनके द्वारा किए गए अविष्कारों के नामों की सूची बनाना। • बिजली के प्रयोग से चलने वाले यंत्रों के नामों की सूची तैयार करना। 	<ul style="list-style-type: none"> • परिश्रम, धैर्य, साहस, वैज्ञानिक दृष्टिकोण जैसे गुणों का विकास।
7.	व्याकरण: <ul style="list-style-type: none"> • अनुस्वार- अनुनासिक, • विशेषण: परिभाषा, उदाहरण, • क्रिया: परिभाषा, उदाहरण • वाक्य: परिभाषा, अंग और उदाहरण, • शुद्ध- अशुद्ध वाक्य • मुहावरे • पत्र-लेखन, अपठित गद्यांश 	<ul style="list-style-type: none"> • अभिनय के द्वारा मुहावरों की पहचान करना, प्रश्नोत्तरी का आयोजन, अनुस्वार- अनुनासिक वाले शब्दों का चार्ट बनाना, शब्द कोष तैयार करना, साँप सीडी का खेल आदि 	<ul style="list-style-type: none"> • वाचन कला का विकास, भाषा में शुद्धता का विकास, व्याकरण के नियमों का बोध, भाषा में पकड़, शुद्धता और अनुशासन, कल्पना शक्ति का विकास, भाषा की बारीकियों का ज्ञान आदि।

नोट: • शिक्षक पाठ के आधार पर स्वविवेक से अन्य गतिविधियों का चयन भी कर सकते हैं।

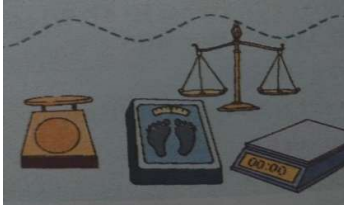
• पाठ के अनुसार अभ्यास-पत्रक भी दिया जाएगा।

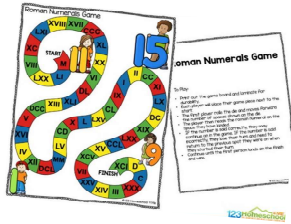
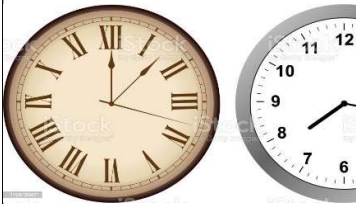
SUBJECT: SANSKRIT

S.NO	EXAM	CHAPTER TO BE TAUGHT	ACTIVITY	VALUE/ANECDOTE
1.	1 st Periodical	पाठः -संयुक्ताक्षराणि(I, II, III)	आकर्षयतुविद्यालयस्य	अक्षरज्ञानं।
2.	Half Yearly Examination {Term -I}	पाठः -अहंप्रभातेउत्तिष्ठामि पाठः - ममदेवाः पाठः - जन्मदिनम् पाठः -विमानयानम्	चित्रेणबालिकाः कुरुत प्रभातकालेसूर्यचित्रं	मातृपितृप्रणामज्ञानं। प्रयताः नियतंप्रणमामः।
3.	Periodic Test II	पाठः -रक्षत पाठः - देवस्यकृपा पाठः - ममदेशः	समूहचर्चाः	भक्तिम्वगमिष्यति लोकास्सुखिनोभवन्ति
4.	Pre Annual	पाठः - सुभाषित	समूहचर्चाः	दीपज्योतिः परंब्रम्हा। मातृपितृप्रसन्नाः भवन्ति।
5.	Annual Exam	पाठ - 1,3,4,5 सुभाषित		

CLASS: III SUBJECT: MATHEMATICS

S.NO	EXAM	CHAPTER TO BE TAUGHT	ACTIVITY	VALUE /ANECDOTE
1.	1 st Periodical	Ch 2 – Number(up to ten thousand)	Take a walk around your school or home. You will see many cars and bike parked around. Note down the four digit numbers of any ten cars or bikes. Write down these numbers with place values in your notebook. Write their number name too.	Ch 2- Always start from the person who is nearest to you. Each number has its own place value. Same way each one of us have unique qualities.
2.	Half Yearly Examination {Term -I}	Ch 3- Addition Ch 4- Subtraction Ch 10- Fraction Ch 6, 7, 8- Measurement of Length, Weight,	Treasure Hunt Hide addition problems around the classroom. Students find them, solve them, and match them to the correct answer sheet.	Ch 3- Add good things in life and join hands for betterment, helping other. Give chance to everyone. Ch 4- Remove negative things from

		and Capacity	<p>Subtraction Bowling Set up 10 plastic cups as bowling pins. Each student rolls a ball and knocks down some pins. They subtract the number of fallen pins from 10 and record the difference. Each student rolls a ball and knocks down some pins.</p> <p>Pizza Fractions Give students a paper plate and have them draw and color different fractions of a pizza (e.g., $\frac{1}{2}$, $\frac{1}{4}$, $\frac{1}{3}$). Ask them to label and compare the fractions.</p> <p>They subtract the number of fallen pins from 10 and record the difference.</p> <p>Do you recognize these machines? What are they used for? Where have you seen them? Name them</p> 	<p>life.</p> <p>Ch 10- Unity and equality.</p> <p>Ch 6,7,8- Perfect proportion is necessary in all aspect of life. Be like a water can be adjust in every aspect of life.</p>
3.	Periodic Test II	Ch 7- Multiplication	<p>Show that if the order of number is changed, the product remains the same.</p> <p>1. 3 rows X 5 columns 2. 3 columns X 5 rows</p> <ul style="list-style-type: none"> • Paste a red bindi in each box. • Count the total number of bindis. • Is the total number of bindis the same? 	Ch 7- If you help other or good with other than other person will also help you.
4.	Pre annual class I to IX & XI	Ch 6- Problems on Addition and Subtraction Ch 8- Division	<p>Make two team one will do addition and other will do subtraction. Roll the dice, team A will</p>	Ch 6- Add good things and Subtract bad things.

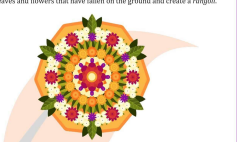
		<p>Ch 18- Pictograph Ch 16- Geometry Ch 3- Roman Numerals</p>	<p>do addition and team B will do subtraction on given number Bag and beads activity and distributing it to student in equal amount. Collect Pencil, Eraser, sharpener and color pens from student in bag and then make a pictograph.</p> <p>Make a rangoli with help of Shapes</p>  <p>Roman Numeral game.</p>   <p>2. Drawing clock.</p>	<p>Ch 8- Sharing is caring.</p> <p>Ch 18- We can express our self in simple manner.</p> <p>Ch 16- Help in increasing imagination power.</p> <p>Ch 3- We should learn to respect all the languages.</p>
5.	Annual Exam	Ch 6, 8, 18-,16,3	Same as per annual	
6.	PBL(Project based learning)	<p>Ch 9- Money Ch 14- Time Ch 17- Symmetry Ch 15- Calendar</p>	<p>Stick pictures. Drawing clock, Digital and analog. Paper folding Making one month calendar</p>	<p>Makes us attentive and sincere. Punctuality and optimum utilization of time. Help in organizing things in proper manner. We should upgrade ourselves timely.</p>

S.NO	Exam	Topic	Activity	Value
1.	PT-1 (April to June)	CH. 1- Family and Friends	1. Family Tree Craft* - Students will create a *family tree* on a chart or drawing sheet. - They can paste pictures or draw family members and label their relationships. They will share one special thing about each family member.	Students will learn – the *unconditional love* and care for each other. - They support each other during *happy and difficult times*.
2.		Ch- 2. Going to the Mela	1. Mela Scene Drawing & Coloring - Ask students to draw and color a scene of a mela with different stalls, a Ferris wheel, balloons, and people. - They can present their drawings and explain what they have included. 2.Storytelling – "A Day at the Mela"* - Students will write or narrate a short story about their *experience at a mela* (real or imaginary). - They can describe what they saw, ate, bought, and enjoyed the most.	Students will learn social interaction and communication. They also will learn Money management and safety awareness.
3.	Half Yearly (April- A	CH-3. Celebrating Festivals	1. Festival Collage (Art & Craft Activity)* - Students to bring *pictures of different festivals* (Diwali, Eid, Christmas, Holi, Pongal etc.). Greeting Card Making* -Students will make *handmade festival greeting cards* for any festival of their choice. They can write a small message and exchange cards with their friends.	Students will learn 1.Cultural Awareness and Heritage2.Strengthening Social Bonds3.Joy and Positivity 4.Life Skills and Creativity 5.Environmental and Ethical Awareness*
		CH-4. Getting to know plants	Nature walk & plant hunt	Students will learn how Plants play a crucial role in our daily lives, offering numerous benefits to the environment, economy, health, and overall well-being.

3.		Ch. 5 – Plants and animals live together	1. Role-Playing Ecosystem Objective*: Show real-world relationships between plants and animals. Activity*: Assign each student a role (bee, flower, tree, bird, rabbit, etc.), and let them interact by showing how they rely on each other (pollination, oxygen-carbon dioxide exchange, food source).	Students will learn- Interdependence and Team work., Responsibility and care. Patience and growth in their life.
	Sept	Revision +Half Yearly Exam		
	PT-2 (Oct	CH-6. Living in Harmony	ZOO TRIP – Take students outside to observe and document plant and animal interaction.(eg. Birds eating fruits , ants carrying food , birds nesting on trees).	1. *Respect for Others* Understanding that every person, plant, and animal has a role in nature and society. 2. *Empathy & Kindness* - They learn to help others and understand the feelings of people around them.
		Ch. 7 –Water – a precious gift	Art & Craft: Save Water Posters* - Let children create posters or drawings illustrating the importance of water conservation. - Display them in a common area.	Students can learn the conservation of water, and responsibility for saving water for future generation.
		Ch 8- Food we eat	Junk Food vs. Healthy Food Sorting Activity*: Give students food item cards and have them sort them into "Healthy" and "Unhealthy" groups.	Students will Encourage healthy eating and hands-on learning, and they will also learn the importance of food.
		CH-9- Staying healthy and happy	Daily Routine Chart* *Activity:* Have students create a chart of their daily routine, highlighting healthy habits like waking up early, exercising, eating nutritious food, and sleeping on time.	Students will learn Self care and responsibility, respect for the body, discipline and good habits, gratitude and positivity.

	Jan	CH- 10. This world of things	Show and Tell: Objects Around Us: Students bring an object from home (e.g., a clay pot, a handmade item, or a special tool) and share its history, use, and importance. - They discuss how it is made and what materials are used.	Sustainability and Responsibility - Learning about materials (clay, metal, wood, plastic) makes us mindful of waste and encourages recycling.
	Oct -March (Annual Examination)	CH- 11. Making things	Going to the potter's place or invite a local potter to demonstrate pottery making	Learning about clay properties, drying techniques, and traditional pottery connects them to both science and cultural heritage
		Revision & Pre Annual Exam		
		CH- 12 –Taking charge of waste	Community Cleanup Drive* - Organize a cleanup day in the school or neighborhood where students collect and properly dispose of litter. - Teach them the impact of waste pollution and how they can help keep their surroundings clean. poster-Making or Slogan-Writing Competition* - Have students design posters or write slogans about reducing, reusing, and recycling waste. Display their work around the school to spread awareness.	1. Responsibility* – Understanding that waste management is everyone's duty. 2. *Respect for the Environment* – Keeping nature clean ensures a healthier planet. 3. *Teamwork & Cooperation* – Working together to solve environmental problems.
		March - Annual Exam Chapter- 7,8,9,10,12		

CLASS –III EVS Practical Syllabus

S.No	Chapter Name	Practicals based on topic	Value Topics
1	CH. 1- Family and Friends	<small>Collect some leaves and flowers that have fallen on the ground and create a rangoli.</small> <small>Answer:</small> 	Students understood the value of teamwork and healthy relationships, improved their creative skills, and developed a greater appreciation for nature.
2	Ch- 2. Going to the Mela	To create a miniature version of a fair (mela) showing stalls, people, rides, and other elements.	★ Understanding the social and cultural importance of melas ★ Knowing about transport and crowd behavior. ★ Learning about cleanliness and safety in public spaces
3	CH-3. Celebrating Festivals	Greeting Card Making* -Students will make *handmade festival greeting cards* for any festival of their choice. They can write a small message and exchange cards with their friends.	Students will learn 1.Cultural Awareness and Heritage* 2.Strengthening Social Bonds* 3.Joy and Positivity*
4	CH-4. Getting to know plants	Hands on activities – Seed germination activities	Importance of plants in the ecosystem
5	Ch. 5 – Plants and animals live together	. “Who Needs Whom?” Matching Game*	Understanding Interdependence- Students will understand how plants and animals depend on each other for food, shelter, and oxygen.
6	CH-6. Living in Harmony	Zoo Trip	Respect for Others* - Understanding that every person, plant, and animal has a role in nature and society.
7	Ch. 7 –Water – a precious gift	Activity: “Leaky Tap Experiment” Objective: Understand how much water a dripping tap wastes. How to Do It: Place a bowl under a dripping tap for one hour. Measure the collected water with a cup. Multiply by 24 to show	Visualizes how even small leaks cause major water waste.

		how much is wasted in a day.	
8	Ch 8 - Food we eat	Cooking Without Fire* - *Activity*: Have students prepare simple no-cook recipes like fruit salad, sandwiches, or sprout mix.	Development of Life Skills Builds basic culinary skills like mixing, measuring, and assembling without fire. Encourages independence and responsibility.
9	CH-9- Staying healthy and happy	1. Healthy Food Collage* - *Activity*: Ask students to cut out pictures of healthy foods from magazines or draw them and create a collage.	Students will Encourage healthy eating and hands-on learning.and they will also learn the importance of food.
10	CH- 10. This world of things	DIY Craft - Students make something useful from recycled or natural materials, like paper-mâché pots or cardboard organizers. - Discuss the importance of handmade objects in different cultures.	Using eco-friendly materials promotes a sustainable lifestyle
11	Ch. 11- Making things	Going to the potter's place or invite a local potter to demonstrate pottery making	Learning about clay properties, drying techniques, and traditional pottery connects them to both science and cultural heritage.
12	CH- 12 –Taking charge of waste	DIY Recycling Craft* - Encourage students to create useful items from waste materials (e.g., pen holders from plastic bottles, paper bags from old newspapers). - Showcase their creations in a classroom exhibition.	1.Responsibility* – Understanding that waste management is everyone's duty. 2. *Respect for the Environment* – Keeping nature clean ensures a healthier planet.

CLASS III AYURVEDA SYLLABUS 2025-26

S.NO	MONTH	TOPIC TO BE TAUGHT	VALUE/ANECDOTE
1	APRIL	Introduction to Ayurveda: definition, meaning, Concept and importance	By incorporating these values, teaching Ayurveda not only imparts knowledge but also cultivates a compassionate, holistic approach to healthcare and wellness.
2	JUNE	- Simple Ayurvedic practices: daily routine, hygiene, and healthy habits	Incorporating these daily routines and hygiene practices into your lifestyle, you can promote overall health, well-being, and resilience.
3	JULY	Simple Ayurvedic practices: Hygiene, and healthy habits	Rising with the sun to start the day feeling refreshed and energized.
4	AUGUST	Introduction to Ayurvedic herbs: Tulsi, Tulsi: Classification as Herb shrub and tree. Scientific importance , Spiritual importance	Tulsi's healing properties encourage compassion and empathy towards oneself and others.
5	SEPTEMBER	Tulsi: Classification as Herb shrub and tree. Scientific importance , Spiritual importance	In many Indian communities, Tulsi is a symbol of unity and community bonding.
6	OCTOBER	Turmeric: Classification as Herb shrub and tree. Scientific importance , Spiritual importance	The use of turmeric in various ceremonies fosters gratitude and appreciation for nature's gifts.
7	NOVEMBER	Turmeric: Classification as Herb shrub and tree. Scientific importance , Spiritual importance	Turmeric's health benefits encourage self-care practices, such as healthy eating and stress management.
8	DECEMBER	Ginger :	Ginger is a sustainable and eco-

		Classification as Herb shrub and tree. Scientific importance Form of ginger used to cure diseases Effect of ginger on aliments such as cough cold and fever.	friendly spice, promoting environmentally conscious practices.
9	JANUARY	Ginger : Classification as Herb shrub and tree. Scientific importance Form of ginger used to cure diseases Effect of ginger on aliments such as cough cold and fever	Ginger is often used in communal cooking, fostering community bonding and social connections.
10	FEBRUARY	Ginger : Classification as Herb shrub and tree. Scientific importance Form of ginger used to cure diseases Effect of ginger on aliments such as cough cold and fever.	The incorporation of ginger into daily life promotes discipline and routine.

Class-III ART AND CRAFT

S.No	Month	Activity	Materials Required
1	June	Simple Drawing	Plastic Crayon Colours
2	July	Shapes Drawing, Paper Craft Activity(Mosaic)	Glue, plastic Crayons, Colours, Scissors, Origami Paper
3	August	Festival Creativity (Bond Of Love)Rakhi Making Activity	Material Required for Rakhi making as per requirement
4	September	Object Drawing and Paper Folding	Glue,Colours,Scissors,Origemi Papers
5	October	Festival Creativity(Navratri, Diwali)	As per requirement
6	November	Water Colour Painting	Water Colours, Drawing Sheets
7	December	Waster Material Innovation	As per requirement

Class III (Dance)

Month	Lesson and Activities
June	1.Bhumi Pranam,2. Saraswati Vandana,3.Revision Hasta Mudra
July	1. Foot Steps, 2.Hasta Mudra, 3.Guru Purnima Dance, 3.Revision Hasta Mudra
August	1.Kavit Murali Ki Dhun Sun, 2.Independence Day Dance 4.Janmastami 5.Tatkar 6.Revision Hasta Mudra
September	1.Devi Stuti 2.Classical Dance 3.Revixon Hasta Mudra
October	1. Teen Tal – Hand movement with foot tapping, 2. Garba 3.Revision Hasta Mudra
November	Annual Function
December	1. Tukra ,2 .Folk Dance 3.Revision Hasta Mudra
January	1. Republic Day Dance

SYLLABUS OF MUSIC -VOCAL & INSTRUMENTAL

S.NO	MONTH	CATEGORY	CONTENT
1	APRIL-JUNE	Vocal	Alankar , Bal Geet Song on World Earth Day
		Instrumental	Information about Tabla and Its Origin Basic Information of Instruments with their names and pictures Information of Guitar and Keyboard
2	JULY	Vocal	Alankar , Definition of Music Song- We Shall Over Come, Inter School Sahodaya Competition preparation ,Shiv Panchakshar Strot
		Instrumental	Writing Dadra's taal with introduction it by clapping on hand ,8 Beat on Dholak Fingering exercise variation on Keyboard basic beat Taal Kaharwa Congo
3	AUGUST	Vocal	Alankar , Definition of Swar, Patriotic Song Preparation
		Instrumental	Information of Instruments Identifications of instruments by pictures. Fingering exercise on keyboard Taal Kaharwa
4.	SEPTEMBER	Vocal	Alankar , Definition of Aroh and Avroh, Religious Song Preparation
		Instrumental	3-4 Beat on Congo and Drum Writing Rupak, Dadra, Keharwa etc. beats and playing on hands with clap Name of artist and full information
5.	OCTOBER	Vocal	Alankar ,Lingashtakam, Saur Mandal Geet (Hindi)
		Instrumental	Definition of Khali and Saptak 2 Types of 4-6-8 beat break and Tihai Name of Artist
6.	NOVEMBER	Vocal	Alankar ,Lingashtakam, Saur Mandal Geet (Eng),Swaron ke Naam
		Instrumental	Information of Instruments Basic Beat with Different pattern on Congo for School prayer songs Fingering exercise on keyboard – guitar taal kaharwa on Tabla
7.	DECEMBER	Vocal	Alankar , Lingashtakam, Saur Mandal Geet (Eng),Sargam Geet
		Instrumental	Basic beat with different patterns on Tabla Fingering exercise variation on keyboard. Basic beat taal Dadra Bongo
8.	JANUARY	Vocal	Alankar ,Bal Geet, Patriotic Song
		Instrumental	Biography of Artist 4-4 Palte of 4,6,5 beat Name of 5-5 Instruments played by String and stick
9.	FEBRUARY	Vocal	Alankar ,Religious Song
		Instrumental	Writing of Taal Keharwa, Rupak and speaking it by clapping on hand 6-4 beat on congo and bongo Garba beat on congo

VALUES / METHODOLOGY OF SSRVM

CONCEPT	INFORMATION	ATTITUDE	IMAGINATION	FREEDOM
Do a warm up! Resources – role play, audio visual, fun games,  mind maps, outdoor activity, picture reading etc.	Research facts and understand the value!  Resources - books, internet, media, etc.	Developing life skills!  Resources -stories, anecdotes, group discussions, share etc.	Do a creative activity!  Resources - art and craft, creative writing, what if questions etc.	Learn beyond the Classroom!  Resources - follow - up exercise, home task, project etc.
TOPIC	VALUE EDUCATION		LIFE SKILLS(Suggested Activities)	
CHEERFULNESS	We should always be cheerful and make other happy.		Cheer your friend with a card who is feeling sad!	
CORRECT POSTURES	We should follow correct postures as they make us comfortable and healthy.		Practice yoga everyday!	
KINDESS	We should be kind to our animal and plant world as they need our love and care.		Give water to birds during summers!	
FRIENDLINESS	We should love and help our friend.		Help your work to do her homework!	
RESPONSIBILITY	Whatever we do, we should do it well'.		Don't do your work fast, do it carefully!	
RESPECT	We should respect our school property and follow school Rules.		keep your desk clean!	
SHARING	We should share our things with others. There is joy in giving.		We should share food with our friends!	
HONESTY	We should always tell the truth.		Do not make excuses. Tell the truth to your teacher that you forgot to do your homework.	
GOOD MANNERS	We should greet others well.		Wish your teachers in school! Respect your friend's opinion! Use golden words like sorry thanks , excuse me as and when required	
CLEANLINESS	We should keep ourselves and surroundings clean.		Do not litter!	

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