



**SRI SRI RAVISHANKAR
VIDYA MANDIR INDORE M.P.**



CAPSULE (CLASS SYLLABUS)

SESSION-2025-26



NAME: _____

CLASS: **I** **Sec:** _____

Education means intellectual sharpening, retaining of innocence and spiritual upliftment

Gurudev Sri Sri Ravi Shankar

Guidelines To Improve In Academics

The primary focus would be to strengthen the basics of the subjects which will cater to their further development of the child .Given below are the guidelines of the same :

English:-

- 📖 Conversation is the medium of communication .Reading is not just important for us, acquiring knowledge , it will help you to build your vocabulary by exploring cross words puzzles ,scrabble and extend the level in English . So try to have reading practice rather than course books short stories or fictitious.
- 📖 Be in habit of reading news paper or books related to current affairs and for a change you can read novels, to develop writing skills .
- 📖 Grammar is the pillar for the formation of sentences .Verbs and tenses hold the grammar, so master yourself in it. Dictionary is the important part of learning English, Students should carry pocket dictionary to develop the word power.

Mathematics:-

- 📖 Paste the charts of table above 15 , squares and cubes and practice them regularly .
- 📖 Write formulas chapter wise on the paper and keep it in your pocket, revise it when you are in the bus or at home.
- 📖 Be in habit of solving “SUDOKU” puzzle at least twice in a week.

Social Science:-

- 📖 To grow in all aspects students should be aware of current affairs, read more general knowledge books and news paper daily. It is mandatory to have atlas to refer the maps.
- 📖 Emphasis more on map work, which is scoring part of the subject.
- 📖 Read the chapter thoroughly and mark the important dates places and important terminology in the given topic.

Science :-

- 📖 Always be inquisitive. Keep scientific approach to solve problems.
- 📖 Develop observation skills, draw inference and come to the conclusion.
- 📖 Draw diagrams regularly and practice them time to time.
- 📖 Read the chapter carefully, note down new terminology and learn them by heart. This will help you to build strong foundation.
- 📖 Try to write answers to the point in your own language.
- 📖 Come up with “how” and “why” questions. it will help you understand concepts clearly.

Hindi and Sanskrit :-

- 📖 भाषा के शुद्ध उच्चारण के लिए नियमित पठन क्रिया ।
- 📖 पाठन क्रिया मे समाचार पत्र,कहानी की पुस्तक आदि को शामिल करना ।
- 📖 गद्य एवं पद्य को समझने हेतु अलग अलग अध्ययन करना ।
- 📖 भाषा के मौखिक विकास के लिए वाद विवाद , भाषण , परिचर्चा,संचालन , इत्यादि में भाग लेना।
- 📖 भाषा के शुद्ध लेखन हेतु श्रुतलेख और लेखन का नियमित अध्ययन करना ।
- 📖 भाषा के सभी कौशलों के विकास हेतु अभ्यास एवं गतिविधियों में भाग लेना ।

CLASS: - I SUBJECT: - ENGLISH

S.NO .	EXAM	CHAPTER TO BE TAUGHT	ACTIVITY	VALUE/ANECDOTE
1.	PT 1 (April-June)	Ch.1- Meet my family	Draw a family tree.	Everyone should understand families are special.
		Poem 1 – Wake up time	Recite the poem with action.	Importance of time
		Grammar: Noun, Gender, Singular, Plural, Is and are.		
2	Half Yearly Examination (April-Aug)	Ch.2- Off to school	Label the things you bring to school.	Being organized helps us find things easily, saves time, and makes our work neat and easy.
		Ch.3-Fun in the Playground	Discuss who is your best friend and why?	Understanding the importance of taking turns and considering others' feelings
		Ch.5-Sharing is Caring	Sharing is caring activity with song.	Help others
		Poem 2: Ice cream Time	Draw a picture of your favourite ice cream.	Happiness in small things
		Grammar: Pronouns, This/That, Verb, Simple present tense, present continuous , Writing Skills :Picture Description + PT1 Syllabus		
3	September	Revision + Half Yearly Exam		
4	PT-2 (Oct-Nov)	Ch.5The Rabbit and the turtle	Role Play.	Be confident Slow and steady wins the race
		Poem 3: Save Each Drop	Poster Making: Save water.	Save water save nature
		Grammar: Adjectives, Articles, preposition		

5	Pre annual (Oct – Dec.)	Ch.7 The New Watchman	Discuss with your partner if you want a pet. Which animal would you want as per and why?	Show kindness towards animals
		Ch 8 Thank you	Make a thank you card for your parents .	We should help our parents and being thankful for their support and care. .
		Ch.9 Brave Debby	Create your own animal mask.	True friends stand by each other
		Poem 4- Holiday Fun	Introduction to the People Around Us in School and Their Roles in Helping Us	Help others and they will help you back.
		Grammar: Conjunction, Punctuation, Writing Skills : About your self+ PT2 Syllabus		
6	January	Revision + Pre Annual Exam		
7	Annual Exam	Ch. 10 Come let's play	Role play	Finding joy together
		Grammar: Question words Writing Skills: About Your School		
8	March	Annual Exam		

CLASS: I SUBJECT: HINDI हिंदी गुंजन पाठमाला

S.No	EXAM	CHAPTERS	ACTIVITIES	VALUES
1.	Periodic Test-1 2025-26	वर्णमाला व मात्राएं 'अ' और 'आ' *शरबत चख, दावत। - चित्र देखकर नाम लिखना। - मात्राओं में अंतर। - अधूरे शब्द और रिक्त स्थान भरना। *'इ' और 'ई' की मात्राएं *सितार बजा, गीता और वाणी। - चित्र देखकर नाम लिखना। - मात्राओं के चित्र पूरे करना।	- सभी स्वरों से संबंधित फलों और चीजों के चित्र बनाना। - शब्द पूर्ण करना और 'आ' की मात्रा लगाना। - जानवर और फूलों के चित्र।	बच्चे समूह में काम करना और मदद करना सीखेंगे। - खेलौनों से लगाव। - पारिवारिक प्रेम और आपस में मदद करना सीखेंगे।
2.	July to Sep Term- I 2025-26	*'उ' और 'ऊ' की मात्राएं *गुड़िया की चुनरी *तरबूज का रस *गुटरू कबूतर - रिक्त स्थान पूरा करना। - मात्राओं के शब्द बनाना। - चित्र देखकर शब्द मिलाना। *'ए' और 'ऐ' की मात्राएं *शेर की दहाड़ मैना उड़ गई - मात्राएं पहचाना। - रिक्त स्थान भरना।	पाठ लेखन गुड़िया और तरबूज का चित्र बनाकर रंग भरना। - जानवरों की आवाज निकालना। - जानवर जानवरों और उनकी आवाज का मिलान करना।	- पक्षियों के प्रति प्रेम की भावना। - फलों को खाने का महत्व समझेंगे और स्वस्थ जीवन शैली सीखेंगे। - बड़ों की बात मानना सीखेंगे - शहर का प्राकृतिक आनंद अनुभव करेंगे। - आसपास के पशु पक्षियों और जानवर जीव जंतुओं के प्रति प्रेम भाव रखेंगे।
3.	Oct Periodic-test-2 2025-26	*'ओ' और 'औ' की मात्रा*तोता और मोर*लौकी की बेल- शब्द पूर्ण करना।	- मोर और तोता का चित्र बनाना। - पांच फल और सब्जियों के चित्र	- आपस में मिल बात कर खाना सीखेंगे। - प्रकृति के प्रति प्रेम

		<ul style="list-style-type: none"> - प्रश्न-उत्तर - शब्द माला - बारहखड़ी लिखना। *अं, अः, ऑ आदी मात्राएं। *संचित की पतंग *मेले की सैर - प्रश्न उत्तर - शब्द छाटकर लिखना। - चित्र पहचान कर लिखना। *शरीर के अंगों के नाम *परिवार के नाम 	<ul style="list-style-type: none"> चिपका कर उनका नाम लिखना। - बारहखड़ी लिखना और बारहखड़ी के किसी एक अक्षर का उपयोग करके अलग-अलग शब्द बनाना। - शरीर के अंगों के चित्र को उसके नाम से जोड़ना 	<ul style="list-style-type: none"> - मेले की सैर का और पतंग उड़ाने का आनंद लेंगे।
4	Oct to Feb TERM-2 2025-26	<ul style="list-style-type: none"> *संयुक्त अक्षर *1 से 10 तक गिनती *र के रूप *दो व्यंजन साथ-साथ *ध्वनि चिन्ह *चित्र वर्णन करना *मेट्रो की सैर *एक नाम और *एक-अनेक *लड़का-लड़की *उल्टे शब्द *शब्द अर्थ 	<ul style="list-style-type: none"> - एक से 10 तक की गिनती का चार्ट बनाना - शब्द पूरे करना - नए शब्द बनाना - आवागमन के साधनों के पांच चित्र चिपकाना और उनके नाम लिखना। 	<ul style="list-style-type: none"> - संयुक्ताक्षर से समूह में साथ मिलकर काम करने की भावना का विकास होगा। - गिनती से आगे बढ़ाने की प्रेरणा मिलेगी। - मिलजुल कर साथ रहना और काम करना सीखेंगे। - आपसी सहयोग की भावना का विकास होगा। - पारिवारिक प्रेम बढ़ेगा। - बड़ों के प्रति आदर की भावना का विकास होगा। - विभिन्न प्रकार के वाहनों की जानकारी होगी। - वाहनों को चलाते समय मोबाइल का उपयोग नहीं करना चाहिए इस तरह की अनेक सावधानियां से अवगत होंगे।

CLASS: I SUBJECT: SANSKRIT

S.NO	MONT H	EXAM	CHAPTER TO BE TAUGHT	ACTIVITY	VALUE/ ANECDOTE
1.	July	1 st Periodical	श्लोक वर्णमाला प्रथम /द्वितीय	उच्चारितम्	शब्द संयोजक
2.	October	Half Yearly Examination {Term - I}	सामान्य परिचयः श्लोक	व्यावहारिकं कृत्वा प्राप्तु	शब्द संयोजक परिचयः
3.	Dec	Periodic Test II	नीति श्लोकः संस्कृत संख्याः (1से10)	समूह चर्चाः प्रश्नोत्तरी प्रतियोगित	नैतिकशिक्षां प्राप्तवान् क्रीडासूचनायाः
4.	Feb	Pre annual	भरतीयाः वयम् आम्लंद्राक्षाफलम् पश्वः नामानि	भारत वर्ष विषये सूचना समूह चर्चाः	अस्माकं भारतस्य कृषकाणां जयजयकारं कुर्वन्तु
5.	March	Annual Exam	मम माता देवता कालिदासो जने जने	सङ्गीतस्य माध्यमेन अवगमनम्	संस्कृत भाषा महत्वम्

EVS PRACTICAL SYLLABUS Class 1

S. No.	Month	Chapter Name	Practical Name(s)	Values Learned
1	April	My Body	Observing the human skeleton model in the Biology lab.	Self-awareness, observation skills
2	June	My Family	Identifying different family members through pictures and role-play.	Love, respect, bonding
3	July	Home and Around	Creating a model of different types of houses using cardboard.	Awareness, responsibility
4	August	My School	Visiting different sections of the school, including the science lab, library, and playground.	Discipline, teamwork
5	September	People Who Help Us	Observing and understanding the tools used by helpers like a stethoscope, hammer, and sewing machine.	Gratitude, empathy
6	October	Food We Eat	Examining different food grains, pulses, and vegetables in the lab.	Healthy habits, decision-making
7	November	Clothes We Wear	Identifying natural and synthetic fibers under a magnifying glass.	Adaptability, awareness
8	December	Weather and Seasons	Measuring temperature using a thermometer in different seasons.	Observation, critical thinking
9	January	Air	Demonstrating air pressure using an inverted glass filled with water.	Scientific curiosity, reasoning
10	February	Drops of Water	Filtering water using sand, gravel, and cotton to understand purification.	Conservation, responsibility
11	March	Our Green Friends	Identifying different leaves and their textures under a microscope.	Patience, environmental care

SUBJECT - EVS

S.NO	EXAM	TOPIC	ACTIVITY	VALUE/ANECDOTE
1.	PT - 1 April to June	Ch1- My Body	To make them learn through clay model activity, draw and colour the body parts with their names.	As all the parts of our body work together thus the function our body goes smoothly. In this way if we all work unitedly our life may also go happily. So, unity is the strength.
		Ch – 2 My Family	Through some flash cards and some real characters	Everyone should understand families are special.
2.	Half Yearly April to August	Ch 3 – Home and Around	Draw / Paste the pictures of five places with their names in your neighbourhood.	Be cooperative and helpful to each other.
		Ch 4 – My School	To make them learn about the important people who help at school.	Identify the need to go to school.
		Ch 5 – People who help us	To make them learn about community helpers through flash card and story.	Be responsible for community duty.
		Ch 6 – Food we Eat	Make a chart of healthy and unhealthy foods	Value everything which you have.
	Sept	Revision + Half Yearly Exam		
3.	PT – 2 Oct to Nov	Ch 7 – Clothes We Wear	Through flash cards.	Provides physical safeguards to the body.
		Ch 8 – Weather and Seasons	Through worksheet and poem	Nothing is the same in life it's always changing
4.	Pre – Annual Oct to Dec	Ch 9 Air	Breathe in and Breathe out activity, Experiment of Air with Balloon	Identify the property of air.
		Ch 10 Drops of Water	Through drawing and flash cards.	Adapt and thrive in various situations.

		Ch 11 – Our Green Friends	Go outside and search out an area with various plants.	Live whole life for others.
		Ch – 12 World of Animals	Visit the Zoo	Be helpful and kind for everyone.
		Ch – 13 Up in the Sky Project Base Learning.	Through poem and some flash cards	The sun gives us the light we need to see the miracles of others’ work, not just to see the miracles we may work ourselves.
	January	Revision + Pre – Annual Exam		
5.	Annual Exam March	Ch 8,9,10,11,12,13		

CLASS: I SUBJECT : MATHEMATICS

S.NO	EXAM	CHAPTER TO BE TAUGHT	ACTIVITY	VALUE /ANECDOTE
1.	PERIODIC TEST -I (April - June)	1. Review of basic concepts 3. Numbers from 1 to 10 4. Addition	Revision of all the concepts taught in PP2	God has given us 2 years, 2 eyes, 1 nose mouth to speak, so many teeth to chew food , 2 hands, 2 legs to do all our work. So thank to God for giving us all of these
2.	HALF YEARLY EXAMINATION {TERM -I} (April - August)	2. Words of position 5. Subtraction 6. Concept of Zero 7. Numbers from 11 to 20 16. Ordinal Numbers 18. Time 8. Numbers from 21 to 50 19. Calendar 17. Shapes	*A chart to be filled by the students – Time of its day when they do some routine activities. Going to school Lunch Going to home from school Going to park to play	*We should subtract all the bad habits *We should not compare our self with others. *We should do our work on time. *Add good habits and friends in your life
	September	Revision + Half Yearly Exam		
3.	PERIODIC TEST - II	21. Measurements 14. Patterns in shapes and numbers	*Activity to show Non standard and	*We can never

	(October - November)	9. Numbers from 51 to 100 10. Numbers on Abacus 11. Comparison and ordering of numbers	standard measuring Flash card activity	Measure the love that we get from parents and teachers Let how every number is different, every child has different talent, Let us encourage them.
4.	PRE – ANNUAL EXAMINATION (October-December)	12. Addition of 2-Digit Numbers 13. Subtraction of 2-Digit Numbers 15. Multiplication 20. Money	*Activity using beads/seeds and bowl. * Take away activity Write the number on the floor and ask the child to jump according to skip counting like 2's , 3's and 5'sLet's go shopping	We should subtract all the bad habits within us and become a good child. *We should not skip our regular exercises and home works. We should skip watching TV's and smart phone. We should learn to save money
	January	Revision + Pre – Annual Exam		
5.	ANNUAL EXAMINATION {TERM -II} (October-February)	22. Data handling		
6.	March	Annual Examination		

MATHEMATICS PRACTICAL SYLLABUS

S.No.	CHAPTER	PROJECT / ACTIVITY
1	Ch – 1 REVIEW OF BASIC CONCEPT	1. One-to-One Matching: Draw lines to match each number with the correct group of objects (e.g., 3 with 3 apples, 2 with 2 bananas). 2. Odd One Out: Look at the pictures and circle the one that doesn't belong (e.g., apple, banana, carrot, and dog — the odd one out is the dog).
2	Ch – 2 WORDS OF POSITION	Look at the picture and circle the object that is in front, behind, on top, or under the other. Example: "The ball is on top of the box. Where is the toy car? Is it under or on top?"
3	Ch – 3 NUMBERS FROM 1 TO 10	Look at the pictures of objects and count how many there are. Write the correct number next to each group of objects. Example: "There are 5 apples. Write the number 5 next to the apples."

4	Ch – 4 ADDITION	<p>Look at the pictures and add the objects together. Write the answer in the box.</p> <p>Example: "There are 3 apples and 2 more apples. How many apples are there in total? Write the answer: $3 + 2 = \underline{\quad}$."</p>
5	Ch – 5 SUBTRACTION	<p>Look at the pictures and take away some objects. Write the answer in the box.</p> <p>Example: "You have 5 apples and you give 2 away. How many apples are left? Write the answer: $5 - 2 = \underline{\quad}$."</p>
6	Ch – 6 CONCEPT OF ZERO	<p>Look at the pictures and count how many objects there are. If there are no objects, write the number 0.</p> <p>Example: "There are 3 apples in the basket, but now all the apples are taken away. How many apples are left? Write the answer: 0."</p>
7	Ch – 7 NUMBERS FROM 11 TO 20	<p>Match the number to the correct group of objects. Draw a line to connect them."</p> <p>Example: "There are 15 apples. Draw a line to match the number 15 to the group of 15 apples."</p>
8	Ch – 8 NUMBERS FROM 21 TO 50	<p>Look at the number line from 21 to 50. Fill in the missing numbers.</p>

		Example: "21, 22, __, 24, __, 26... Fill in the blanks with the correct numbers."
9	Ch – 9 NUMBERS FROM 51 TO 100	Circle the numbers that are greater than 60 but less than 80. Example: "Circle 65, 72, and 59. Only circle the numbers between 60 and 80."
10	Ch – 10 NUMBERS ON ABACUS	Look at the abacus and count how many beads are on each rod. Write the correct number."Example: "If there are 3 beads on the first rod and 5 beads on the second rod, write the number 35."
11	Ch – 11 COMPARISON AND ORDERING OF NUMBERS	Look at the numbers and circle the bigger one. Then, put the numbers in the correct order from smallest to biggest." Example: "Which is bigger: 7 or 5? Circle the bigger number. Then, order these numbers: 3, 8, 5
12	Ch – 12 ADDITION OF 2 – DIGIT NUMBERS	Use your number cards to add two-digit numbers together. Place the cards in the right order to find the sum." Example: "Take the number cards for 34 and 12, then add them together to find the total. Write the answer: $34 + 12 = \underline{\quad}$."

13	Ch – 13 SUBTRACTION OF 2 – DIGIT NUMBERS	<p>Use your number cards to subtract the smaller number from the bigger number. Write the answer in the box.</p> <p>Example: "Take the number cards for 42 and 15, then subtract 15 from 42. Write the answer: $42 - 15 = \underline{\quad}$."</p>
14	Ch – 14 PATTERNS IN SHAPES AND NUMBERS	<p>1. Look at the pattern and fill in the missing shape or number."</p> <p>Example: "Circle, square, circle, $\underline{\quad}$. What shape comes next? 2, 4, 6, $\underline{\quad}$. What number comes next?</p> <p>2. Ask students to make patterns using the blocks given.</p>
15	Ch – 15 MULTIPLICATION	<p>Use objects or pictures to help you multiply. Count the groups and write the answer."</p> <p>Example: "There are 3 baskets, and each basket has 4 apples. How many apples are there in total? $3 \times 4 = \underline{\quad}$."</p>

16	Ch – 16 ORDINAL NUMBERS	<p>Look at the race of three animals and write their positions using ordinal numbers."</p> <p>Example: "The rabbit is in 1st place, the turtle is in 2nd place, and the cat is in 3rd place. Write the</p>
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		ordinal numbers: 1st, 2nd, 3rd."
17	Ch – 17 SHAPES	<p>"Look at the pictures of shapes and sort them into two groups: Plane shapes and Solid shapes."</p> <p>Example: "Circle, Square, and Triangle are plane shapes. Cube, Sphere, and Cone are solid shapes. Write the names of each group."</p>
18	Ch – 18 TIME	<p>Look at the clock and write the time shown in o'clock."</p> <p>Example: "If the hour hand is on 3 and the minute hand is on 12, write the time as 3 o'clock."</p>
19	Ch – 19 CALENDAR	<p>1. Look at the calendar and find today's date. Write the day of the week and the date."</p> <p>Example: "If today is Monday, and the date is 5, write: Monday, 5"</p> <p>2. Look at the list of months and match them to the correct order."</p> <p>Example: "January, February, March, and so on. Write the months in order: 1st month - January, 2nd month - February, etc."</p>
20	Ch – 20 MONEY	<p>1. Show students different notes and coins."</p> <p>2. Look at the coins and notes and match them with their values."</p> <p>Example: "Match the 1 rupee coin with the number 1,</p>

		and the 5 rupee note with the number 5.
21	Ch – 21 MEASUREMENTS	<p>Look at the objects and decide which is longer, shorter, taller, shorter, heavier, or lighter. Write your answer."</p> <p>Example: "Which is longer: the pencil or the pen? Which is heavier: the book or the pencil?</p>
22	Ch – 22 DATA HANDLING	<p>Count the number of fruits in each basket and record the numbers."</p> <p>Example: "There are 3 apples, 5 bananas, and 2 oranges. Write: Apples - 3, Bananas - 5, Oranges - 2."</p>

CLASS: I SUBJECT: AYURVEDA

S.NO	EXAM	CHAPTER TO BE TAUGHT	ACTIVITY	VALUE/ANECDOTE
1.	TERM – 1	– 'IMPORTANCE OF DAILY ROUTINE' IN AYURVEDA	A brief Introduction about AYURVEDA and its Importance through posters, stories, role plays, pictures , talk etc.	One can live happy and disease free only when he or she will practice balanced life , that can be followed if you follow proper Dincharya.
		AYURVEDA AND FOOD HABITS	Talk about the season cycle. Highlight eating according to seasons and why we should eat seasonal fruits and vegetables. Also tell students about food combinations to avoid like why our elders and grandmothers use to say do not eat foods like curd at night ad it is heavy for the stomach.	To maintain good health it is very important to have a knowledge of viparya food and food habits
		HERBS AND SPICES	An herb and spice exhibit is created where students will touch, taste, smell and talk about their importance.	Indian food include the herbs and spices not only to enhance the taste but also beneficial for health. Indian Culture has significant role of turmeric in all rituals and marriage ceremony.
2.	TERM -2	PLANTS IN OUR GARDEN	The students will be encouraged to plant in their own gardens. Research facts about the plants, spices or herbs.	.

			Learn more about home remedies, cultural significance of the herbs from their elders.	
		AYURVEDIC COOKING	The students will follow and make the recipe from the ingredients bought from home	Satvik food can be considered as a ayurvedic food and one should practice it once in a day, so as to keep the nature and mental status calm and active

Art and Craft Class-I

S. No	Month	Activity	Materials Required
1	June	Simple Drawing, Tear and Paste Activity	Glue, plastic Crayons, Colours, Scissors, Origami Paper
2	July	Basic Shapes Drawing, Paper Craft Activity	Glue, plastic Crayons, Colours, Scissors, Origami Paper
3	August	Festival Creativity (Bond Of Love)Rakhi Making Activity	Material Required for Rakhi making as per requirement
4	September	Clay and mold Activity	China Clay
5	October	Festival Creativity(Navratr, Diwali)	As per requirement
6	November	Thumb Printing,Craft Activity	Water Colours, Origami Papers, Glue and scissors
7	December	Waster Material Innovation	As per requirement

DANCE :Class I

Month	Lessons & Activities
June	Hasta Mudra- 1.Pataka 2.Tripataka 3.Ardha-Pataka 4.kartari-Mudra 5.Mayur Bhumi Pranam
July	Hasta Mudra- 1.Ardha-Chandra 2.Arala 3.Suk-Tun-daka 4.Mushti 5.Sikhara Tukra Bol
August	Hasta Mudra- 1.Kapittha 2.Kataka Mudra 3.Suci 4.Chanora-Kala 5.Padma-Kosha Tukra Bol Independence Day Dance
September	Hasta Mudra- 1.Sarpa-Sisha 2.Mrga-sisha 3.Sim-ha-mukha 4.Khan-gu-lah 5.Alapadma Song- Garba Dance Practice
October	Hasta Mudra- 1.Chaturo 2.Bhramara 3.Hamsaasya 4.Hamsapaksha 5.Samtamsha Song- Western Dance Steps
November	Hasta Mudra- 1.Mukula 2.Tammechule 3.Trichule Devi Stuti
December	Revision

MUSIC -VOCAL & INSTRUMENTALCLASS-1

S.NO	MONTH	CATEGORY	CONTENT
1	APRIL- JUNE	VOCAL	School Prayer,Alankar,Baal Geet
		INSTRUMENTAL	Basic Beat on Congo Information of instruments Playing basic bol on tabla bongo and cogno
2	JULY	VOCAL	Alankar ,Satsang -Bhajan ,Baalgeet
		INSTRUMENTAL	Identification of instruments by picture Basic beat on drum ,3 beat on congo and drum
3	AUGUST	VOCAL	Alankar,Baal Geet,Bhajan
		INSTRUMENTAL	Name of different parts of tabla bongo and congo ,Basic information on guitar and keyboard ,3 beat on dholak
4	SEPT	VOCAL	Alankar and ,Bal geet
		INSTRUMENTAL	Basic bol on tabla with different patterns Name of different instruments Name of Different parts of drum

5	OCT	VOCAL	Alankar,Science Song,Bhajan Parts of congo and tabla bongo and their names
		INSTRUMENTAL	Basic Beat with different patterns on congo and table, Twist beat on congo and drum
6	NOV	VOCAL	*Alankar, Saur Mandal Geet (Hindi) Information of instrument played
		INSTRUMENTAL	by string wind and stick Instrument name Teaching coordination
7	DEC	VOCAL	Alankar,Saur Mandal Geet (Hindi)
		INSTRUMENTAL	8 Beat on dholak ,Definition of Music Basic beat on drum
8	JAN	VOCAL	Alankar , Patriotic song
		INSTRUMENTAL	Information of Guitar and keyboard Definition of Alankar and Saptak 3 beat on congo and drum
9	FEBRUARY	VOCAL	Alankar ,Sargam geet
		INSTRUMENTAL	Basic beat with different pattern of congo and tabla Information of Harmonium Name of different parts of Tabla, Bongo and Congo

VALUES / METHEDOLOGY OF SSRVM

CONCEPT	INFORMATION	ATTITUDE	IMAGINATION	FREEDOM
Do a warm up! Resources – role play, audio  visual,fun games, mind maps, outdoor activity, picture reading etc.	Research facts and understand the value!  Resources - books, internet, media, etc.	Developing life skills!  Resources - stories, anecdotes, group discussions, share etc.	Do a creative activity!  Resources - art and craft, creative writing, what if questions etc.	Learn beyond the Classroom!  Resources - follow - up exercise, home task, project etc.
TOPIC	VALUE EDUCATION		LIFE SKILLS(Suggested Activities)	
CHEERFULNESS	We should always be cheerful and make other happy.		Cheer your friend with a card who is feeling sad!	
CORRECT POSTURES	We should follow correct postures as they make us comfortable and healthy.		Practice yoga everyday!	
KINDESS	We should be kind to our animal and plant world as they need our love and care.		Give water to birds during summers!	
FRIENDLINESS	We should love and help our friend.		Help your work to do her homework!	
RESPONSIBILITY	Whatever we do, we should do it well'.		Don't do your work fast, do it carefully!	
RESPECT	We should respect our school property and follow school Rules.		keep your desk clean!	
SHARING	We should share our things with others. There is joy in giving.		We should share food with our friends!	
HONESTY	We should always tell the truth.		Do not make excuses. Tell the truth to your teacher that you forgot to do your homework.	
GOOD MANNERS	We should greet others well.		Wish your teachers in school! Respect your friend's opinion! Use golden words like sorry thanks , excuse me as and when required	
CLEANLINESS	We should keep ourselves and surroundings clean.		Do not litter!	

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